MOVERS & DOERS 2024 SUMMER ACTIVITY GUIDE

Mark Wellman's Adventure Day
Sunday, June 2
10:00am - 2:00pm
$5
Transportation Available

Goal Getters Jog and Walk Program
Wednesdays (6/12 - 8/7)
4:00pm - 5:00pm
$20/8 week session
Meet at the Front Counter of the MAC

Mini Golf At Magic Carpet
Saturday, June 29
10:00am - 2:00pm
$15
Transportation Available

Fishing Bailey's Pond
Saturday, July 20
9:00am - 11:00am
$5
Meet at Bailey's Pond at Fuji Park

Wild Island
Saturday, August 24
9:30pm - 4:00pm
$25
Transportation Available

Register online at www.carson.org/ccpr

CARSON CITY
PARKS, RECREATION & OPEN SPACE
ADAPTIVE RECREATION

For questions, contact Andrew Menendez at 775-283-7428 or amenendez@carson.org or Charmaine Angel at 775-283-7424 or cangel@carson.org.

Mark Wellman's Adventure Day

People with disabilities and their friends and families are invited to try out hand-cycling, kayaking, and rock climbing through the use of a broad range of adaptive equipment. Make sure to bring a lunch, water, and sunscreen.

Goal Getters Jog and Walk Program

The Goal Getters Jog & Walk program is a great way to beat the winter breeze and get your body moving. Each week participants will jog & walk at the Carson City MAC indoor track. Every lap a participant completes will be accounted for and the distance will be measured at the end of each session. As a team of Goal Getters participants will set out to go the distance.

Mini Golf at Magic Carpet

Spend the afternoon playing mini golf on one of the three courses Magic Carpet has to offer. Make sure to bring lunch, water, and sunscreen.

Fishing at Bailey's Pond

Learn how to bait a hook and reel em' in in during our annual fishing adventure at Fuji Park. Make sure to bring water and sunscreen.

Wild Island

Float, swim, and slide at the Wild Island Waterpark. Make sure to bring water and sunscreen. Lunch will be provided.